

**Keep this card handy. Post it near your phone or computer.**



***Omaha Cares** is an area-wide initiative to encourage families to look out for family members, friends to look out for friends and neighbors to look out for neighbors – especially when there are persons who may have sudden or emergency needs.*

*Omaha Cares was created in the aftermath of unfortunate incidents during the winter of 2007-08 when the untimely deaths of adults resulted in the death of one child and a close-call for another child. The following tips should help all of us be good relatives, friends and neighbors without being intrusive.*

## **Omaha Cares – Vigilance Tips**

### **You should initiate a check on your relatives, friends or neighbors if ...**

- Trash is not at the curb as usual.
- Mail and/or newspapers are not picked up.
- A neighbor's routines change: going to and coming from home, children not outside playing, the 'usual' phone calls aren't received.
- If a relative or neighbor asks for help, respond immediately.

### **In your neighborhood ...**

- Get to know all of your neighbors ... property owners and renters alike.
- Develop a neighborhood directory with maps, phone numbers or e-mail addresses. Identify those "at risk" with their permission.
- Ask friends, family or neighbors if they want "special attention."
- Work with local schools, churches and non-profits to identify those at risk.
- If you live in an apartment complex, walk across the hall and introduce yourself.

### **Among your family and friends ...**

- Develop a family emergency plan.
- Tell friends, relatives or neighbors when you are ill or out of town.
- Always respect privacy.
- "Helping out" is a two-way street. If you need help or anticipate that you will, do some planning now with friends and neighbors.
- Call 211 to get connected and get answers for services.
- If you need help call 911.
- If you are concerned, call 911.

### **IMPORTANT PHONE NUMBERS ...**

My Phone: \_\_\_\_\_

Nearest Neighbor: \_\_\_\_\_

Closest Relative: \_\_\_\_\_

